Tomorrow's region will be influenced by continuing growth and development. Growth and development in the region can be seen in the population density of the region. The metropolitan areas have seen extensive growth, while many rural areas have seen population loss.

**LEGEND**

- Population Density
  - 300+ people per square mile
  - 100-300 people per square mile
  - 30-100 people per square mile
  - 2-30 people per square mile

- Interstate Highways
- Other Major Highways
- Lakes and Reservoirs

Source: 2000 United States Census